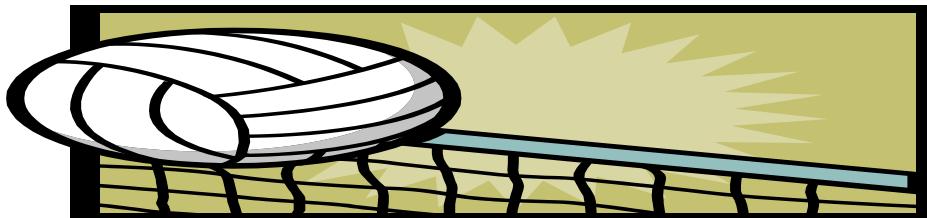


OHMS C-Team Volleyball Schedule and Important Info
Go Mustangs!



September 1, 2011

Greetings C-Team Players and families,

Our season begins this week with 7AM practices on Thursday (7th grade) and Friday (8th grade). We will meet in the big gym to work on skills and do some scrimmaging! Please be sure to be on time and come dressed out/ready to go! **Last practices of the season will be September 29th (7th grade) and September 30th (8th grade).**

We will have 4 games that parents and friends may attend at no cost. All games are on Wednesdays. **All players will be in charge of getting their own ride to and from the game. Buses will NOT be provided.** Players are encouraged to car pool to and from games.

See the schedule below. Please arrive about 15 minutes early to away games to warm up:

<u>WHEN</u>	<u>WHERE</u>	<u>AGAINST</u>	<u>TIME</u>
9/14	at OHMS	intra squad	4:00 (big and small gyms) games begin
9/21	at OHMS	Covington	4:30 games begin
9/28	at Small	Small	4:30 games begin
10/5	at Small	Small and Covington	4:30 games begin

Important Information:

- There will be at least 2 games going on at each match, depending on the number of nets each school has set up.
- Several games will be played. Each game will last 15 minutes.
- Players will move to different nets after each 15 minute game. Our teams are very large in size, but each girl will get in at least one game.
- Our small gym will have limited space. Please be prepared to stand/bring own chair for games in small gyms.
- **Girls that miss practice** will not be able to play the next game, but are asked to come to the game to help line judge or whistle for server to start. They will be able to play in the next game if they attend practice.
- **Girls will need to wear a plain red t-shirt OR a red O Henry t-shirt and black shorts** for games. This outfit will be the uniform for games.
- Knee pads and sneakers are required at all times in order to play.
- Girls are encouraged to bring a snack/water on game days. We will begin warming up and serving at 3:50 for **home** games. Please arrive by 4:15 to away games.

If you have any questions, please contact Coach Thomsen at ethomsen@austinsisd.org or call me at 841-4516.

We're looking forward to a fun C Team experience. Thank you for your participation!

Sincerely,

Erika Thomsen and Connie Adams, C Team Coaches